

**DRAWING TO LIFE INDIA**

**FROM NAMMA  
BENGALURU**

English

Value addition

Ease of Education

PLANNER AND CALENDAR  
2025-2026

AOEC 2024-2025 for  
For curriculum enabled  
institutions

**ಬೆಂಗಳೂರು**

*Planners, Project  
Centres and  
Categorical  
Awareness*



*Ease of Education*

*Defining  
Livelihood*



*Risk and  
Uncertainty  
Planning*

*Curriculums*

*Safety & First-Aid*

*Positive thinking  
and responsiveness*

# Awareness of



- ❖ *Defining Livelihood*
- ❖ *Planners, Diaries and ... Awareness*
- ❖ *Risk and Uncertainty Planning*
- ❖ *... Positive thinking and responsiveness*
- ❖ *.. Safety and First Aid*

*Ease of  
Education  
and  
Curriculums*



## Dependent Health and Wellness

## Vaccinations/Immunization

## Taken/Assistance

- ☐ (Guided Vital health programmes)
- ☐ Anti-tetanus
- ☐ Anti-allergy
- ☐ Hepatitis A
- ☐ Hepatitis B
- ☐ HPV (For active adults)
- ☐ Polio drops (for children)
- ☐ (Wheel chair assistance)
- ☐ Hib (for children)
- ☐ Aids (Eye wear/speech correction/hearing)



## Guidance for Wellness

- ❑ Supportive & Sustainable Super Food Programmes for the family
- ❑ Insurance policy facilitation or corpus allowance
- ❑ Personal Hygiene
- ❑ Worm infestation
- ❑ Drugs and Medicines
- ❑ Ointments and Creams
- ❑ Anti-addiction programmes
- ❑ <https://venkataoec.wixsite.com/life-wise>





# *Building more Vital Health understanding*

**Healthcare group for quality of life:** Educated family/Partially Educated family/Uneducated family/Other requirements

Weight: Normal/Under-weight/Overweight/Needs monitoring/Do not know

Blood picture diagnostics: Normal/Susceptible/Needs monitoring/Do not know

Blood sugar diagnostics: Normal/Low/High/Needs monitoring/Do not know

Blood pressure diagnostics: Normal/Low/High/Needs monitoring/Do not know

Cardio-vascular function diagnostics: Normal/Diagnosis available/Susceptible/Needs monitoring/Do not know

Liver function diagnostics: Normal/Diagnosis available/Susceptible/Needs monitoring/Do not know

Renal function diagnostics: Normal/Diagnosis available/Susceptible/Needs monitoring/Do not know

DNA/RNA (mutation) diagnostics: Normal/Diagnosis available/Needs monitoring/Do not know

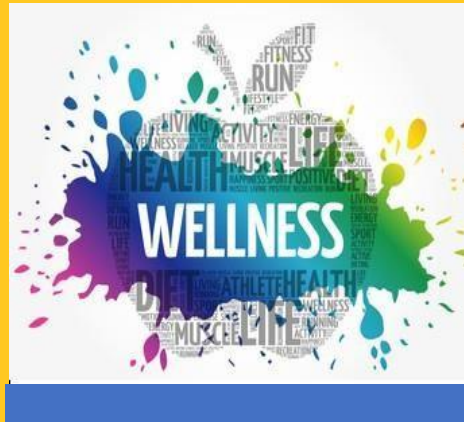
Auto-immune system diagnostics: Normal/Diagnosis available/Needs monitoring/Do not know



# *Projects for Health and Wellness*

## **Super Foods Gardening**

- ☐ Healthy Heart garden activities
- ☐ Anti-addiction garden activities
- ☐ Natural Remedies and Health
- ☐ Natural Health and Wellness Remedy Clusters



*EOE Planners and  
additional project  
activities*

## **Super Foods (fruits and vegetables)**

- ☐ Apples
- ☐ Bananas
- ☐ Berries
- ☐ Broccoli
- ☐ Cinnamon
- ☐ Turmeric
- ☐ Carrots
- ☐ Garlic



# *Projects for Safety & First-Aid*

## Do you know what to do for

- ☐ Cuts/Wounds
- ☐ Burns
- ☐ Fractures
- ☐ Bites
- ☐ Stings



## Do you have assistance for

- ☐ Supportive Requests
- ☐ Close knit Welfare
- ☐ Rising air pollution levels
- ☐ Deteriorating health and wellness due to environmental influences

**DRAWING TO LIFE INDIA**

**FROM NAMMA  
BENGALURU**



**ಬೆಂಗಳೂರು**

Ease of Education and  
Solution finding URL(s):

Website URL:

<https://venkataoec.wixsite.com/ace-ems>

Ease of Education and Curriculums by  
AOEC, A Small Office Home Office